

## Research Begins in Flagler County

Recently, more publications related to alcohol and drug treatment have included the term 'evidence based' when describing methods of intervention. This term refers to the provision of services that have demonstrated their effectiveness in clinical studies. Rather than relying on traditions or clinical intuition, practitioners are increasingly using research findings to guide treatment planning for their patients. Thus it has become more important to evaluate our treatment strategies. Doing so will help us to determine whether there is scientific evidence that our methods are effective, and will help us learn how to improve the services we provide.

Asking tough questions about the effectiveness of everything we do in the name of treatment and also prevention—is very important. It allows us to determine whether programs are worth continuing or whether they would benefit from improvements. For example, many efforts have been made nationally to improve drug abuse prevention programs for children. However, carefully controlled long term follow-up studies have demonstrated disappointing outcomes for the most popular and frequently-used drug abuse prevention program in the U.S. Children who have been through the program show the same level of

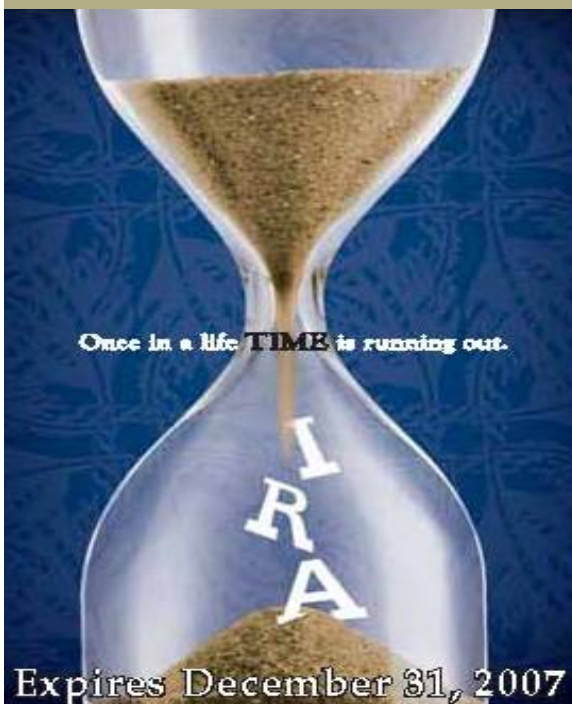
subsequent substance use and abuse when they reach their teenage years as children who have not participated in the program. Given this finding, it is clear that alternative ideas and programs are needed to improve drug abuse prevention.

In order to contribute to this knowledge base and improve our own clinical services, the Stewart-Marchman Center has teamed up with world class researchers at the

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## Year-End Giving



If you would be interested in being a part of the world class Vince Carter Sanctuary and Research Center as a donor, there are tax benefits.

There are several ways that individuals, corporations, and foundations can structure contributions to benefit Stewart-Marchman Foundation to achieve charitable and financial objectives. We accept gifts of cash, non-cash, matching, and planned giving.

### If you are:

- 70.5 years of age or older
- Charitably inclined

You may be eligible to support the Capital Campaign from your IRA. To learn more about this powerful tax provision that could **triple** the impact of your IRA account and how and why others are doing so, please call Deborah Zeoli at (386) 947-1416.

You must act **SOON** as this provision is only available until the end of the year. Contact your tax advisor for more information.

Happy Holidays from the Stewart-Marchman Foundation!

## Fishing Tournament Benefits Campaign

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On September 22, 2007 the Flagler County Sportfishing Club, sponsored by Ginn Clubs and Resorts, hosted their 19<sup>th</sup> Annual Inshore Fishing Tournament with all proceeds benefitting the Stewart-Marchman Foundation's "Secret Is Out" Campaign. The day began at 7am at Bing's Landing in Palm Coast with participants vying for trophies and cash prizes for largest fish in a number of categories including trout, redfish, flounder, and drum, as well as biggest overall catch of the day.

Attendees were invited to sample barbecue fare cooked up by club members. John Black of WFBO 93.3FM "The Blizzard" broadcasted live from the event, and Captain John Raybon, President of the club, served as master of ceremonies. The afternoon ended with the silent auction and 50/50 raffle drawing.

A total of \$3000 was raised for Stewart-Marchman Foundation's Capital Campaign, and a check was presented to Stewart-Marchman Foundation in a ceremony on October 3<sup>rd</sup>.

"The association was pleased to designate The Stewart-Marchman Foundation as this year's charity. The Vince Carter Sanctuary project will help many people in our community," said Chuck Durkee, the Club's Vice President.



The boats lined up for a great day of fishing!



A couple of the day's young winners.



Captain John Raybon handing out raffle prizes.



Some of the day's winners.

## Spotlight: Dr. Mike McAnaney, PhD

Mike McAnaney is a Florida Gator through and through having received his Bachelors, Masters and PhD from the University of Florida. His 35 year career has taken him through just about every aspect of the substance abuse and mental health field. Born in Los Angeles, California, Mike spent the majority of his childhood in Wooster, Ohio. His family eventually settled in Port Charlotte, Florida where he graduated from Charlotte High School in Punta Gorda.

Dr. McAnaney's career has taken him to Miami, Orlando, Houston, and Nashville. He currently resides in Gainesville with his wife, Sue, and has two sons.



As the research Coordinator at the University of Florida Department of Psychology College of Medicine and a new member of the Stewart-Marchman family, Mike's research at the Vince Carter Sanctuary will primarily focus on youth substance abuse and which therapeutic model works best.

Additionally, he will be conducting research on autopsy reports for drug overdose deaths to find out what drugs are causing these deaths. Other research will look at treatments for women, 12-step recovery program effectiveness, and motivational levels in treatment.

## Construction Update: Pre-Construction Nearing Completion

We are pleased to report that construction phase of The Vince Carter Sanctuary is underway. We are doubly blessed with two Eric's – Eric Piner (The Staubach Company), Project Director, and Eric Brown (Ginn Clubs & Resorts), Project Manager, who are volunteering their time and expertise to the project. Glover, Smith, and Bode (GSB), architects have submitted preliminary plans.

The team of Dennis and Lance Hall of Hall Construction are the leading candidate for general contractor. Hall construction has worked with the Center on past projects and we believe this project will be well served with Hall Construction.

In order to be considered "world class", a drug treatment facility has to have a design and concept that is reflective of this designation. The Sanctuary will continue Stewart-Marchman Center's high standards for professionals providing our medical and clinical services. The University of Florida's McKnight Brain Institute has moved its addictions research to Bunnell. As the construction phase begins we will be working with the construction community to partner with us to build a "world class" facility.

## Community Celebrates Fall



Stewart-Marchman Foundation was one of the charities benefiting from the 6<sup>th</sup> Annual Fall Festival held at Verdego in Bunnell. The festival had lots of fun for the entire family – games, a sheriff dog demonstration, raffle, and homemade chili dogs. And what's a fall festival without a hay ride? The fire department had a simulator for families to practice surviving a house fire. It was a great opportunity for our citizens to the north to learn about Stewart-Marchman and our expansion plans. **Our sincere thanks to campaign co-chair Eddie Schatz for providing the community with this event!**



VERDEGO

GARDEN CENTER & DESIGN CENTER



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McKnight Brain Institute, in the Division of Addiction Medicine at the University of Florida. Headed by Mark Gold, M.D. and located in the College of Medicine, the Division of Addiction Medicine is currently engaged in a broad range of studies from basic science research assessing the effects of drugs and alcohol on the brain, to studies designed to shed light on the emerging trends in illegal substance abuse. Research staff recently joined SMC onsite at the Bunnell facilities.

Dr. Michael McAnaney, Ph.D. will be coordinating studies on adolescent treatment and outcomes. He also will be focusing on major public health issues for the state and health professionals, as well as the trends, patterns, drugs, and incidence of deaths associated with drug use. For example, cocaine-related deaths have been increasing throughout the State. Deaths and drug use data may be related to areas of increased violent crime. Dr. McAnaney will be looking at this directly in Volusia, Seminole, Flagler, St. John's, and Putnam counties. He and the UF team will also be looking at driving and intoxication due to drugs and also alcohol. These, and other forthcoming studies, are being supervised by Lisa Merlo, Ph.D. at the Brain Institute. This new group will collect data, brief the local physician and health groups, present data at scientific conferences, and send press releases where appropriate.

Studies are also being conducted to answer

important questions about which treatments work with which populations. For example, researchers are evaluating: the best way to treat individuals with both mental health and addiction disorders; the type of treatment that works best with adolescent populations; the role that a person's readiness to change and their motivation play in treatment outcomes; and when medication may be needed. Research into these questions can lead to widespread improvements in treatment and outcome, as research results are published and disseminated electronically around the globe.

**The best is yet to come!** UF and SMC are also planning to fully integrate a comprehensive research component into the new 100-bed facility, The Vince Carter Sanctuary, in Bunnell, Florida. A state-of-the-art research facility is planned for the grounds of The Sanctuary. This facility will house research staff, as well as UF Psychiatry residents and psychiatric nurses who will be carrying out innovative research into the causes, treatment, and consequences of addiction. According to Dr. Merlo, **"The collaboration between UF and SMC will provide us with the opportunity to conduct practical research in a world class facility. We will be able to apply our research findings directly to the clinical setting in order to improve patient care in a timely manner. Once published, research findings will highlight the Stewart-Marchman Centers as a premier facility for research and treatment in addictions."**



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